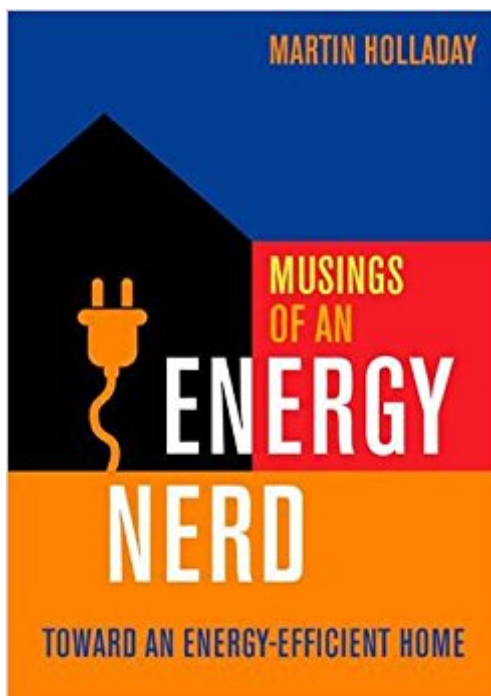


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Musings Of An Energy Nerd: Toward An Energy-Efficient Home



Synopsis

In this fascinating collection of postings from his popular “Musings of an Energy Nerd” blog, Green Building Advisor, Martin Holladay cuts through the hype and myths about energy efficiency, sustainability, and green building to present the very best ways to make your home more energy efficient. Martin Holladay has been making weekly postings to his “Musings of an Energy Nerd” blog on Green Building Advisor since January 2009. Along the way, he has gathered a devoted following of “energy nerds” who await his weekly musings with rapt anticipation. For the first time, the 50 most popular postings have been assembled in book form to give homeowners a great opportunity to live a more energy-efficient life in their homes. The book begins with an overview of energy priorities, and a discussion of what we mean by terms like green and sustainable. Martin presents several options for energy upgrades for an existing house (from replacing windows to adding superinsulation) before looking at ways to improve the energy efficiency of a new house. Separate chapters follow on HVAC, domestic hot water, appliances, and renewable energy, before the book wraps up with an eye-opening chapter on useless products, scams, and myths (including Martin’s list of “Stupid Energy-Saving Tips”).

Book Information

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Customer Reviews

Martin Holladay joined the staff of www.GreenBuildingAdvisor.com in 2008 and writes for Fine Homebuilding magazine about energy-related topics. He has worked as a plumbing wholesale

counterperson, roofer, remodeler, builder, writer, and editor. He built his first passive-solar house in northern Vermont in 1974 and has lived off the grid since 1975.

I've followed the author's weekly blog postings on Green Building Advisor's "Musings of Energy Nerd" since Martin began writing the column back in 2009, and this is a wonderful compilation of his best 50 blogs or so. There's no one who writes better on the potentially dry topic of energy-efficient homes--his blogs are always informative, entertaining, provocative, and--occasionally--refreshingly irreverent. Read it and you'll see. First rate!

For several years I have faithfully read his columns. To have this "bible" of thoughtful information at hand is a wonderful regular reference. And not just for me but for friends who are contemplating their own building and renovations.

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